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Society

**IF 4.559**

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Sociology Category



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Quarterly

**IF 1.288**

2019 JCR Ranking: 57/155  
Law Category



Environmental  
Politics

**IF 4.320**

2019 JCR Ranking: 3/181  
Political Science Category

\* Journal Citation Reports 2019 (JCR) is an integrated with the Web of Science annual publication providing information about academic journals including impact factors.



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Regional Studies

**IF 3.312**

2019 JCR Ranking: 14/84  
Geography Category



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Society

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Economics Category



New Political  
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**IF 3.157**

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Journal of Advertising

**IF 6.302**

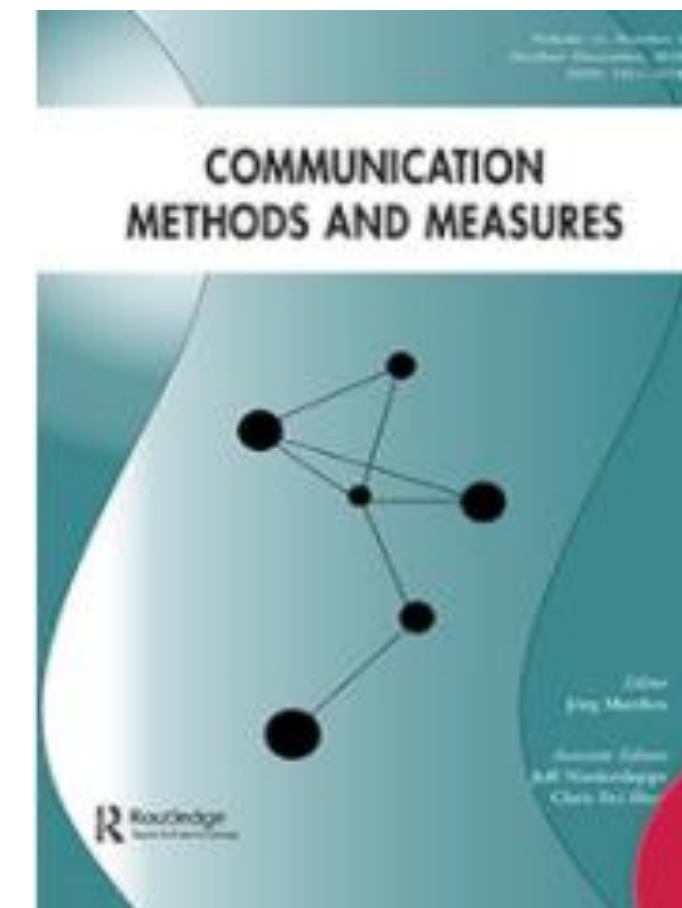
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Communication Category



Political  
Communication

**IF 5.912**

2019 JCR Ranking: 2/92  
Communication Category



Communication  
Methods and Measures

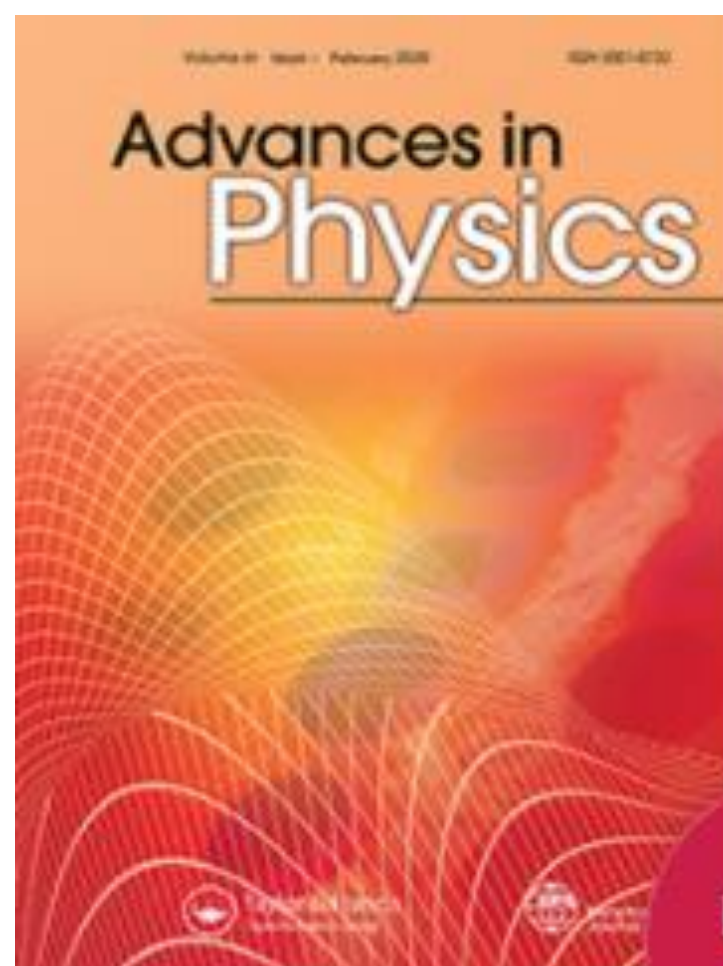
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Advances in Physics

**IF 16.375**

2019 JCR Ranking: 1/100  
Physics, Condensed Matter  
Category



International  
Materials Reviews

**IF 14.429**

2019 JCR Ranking: 18/314  
Materials Science,  
Multidisciplinary Category



Combustion Science  
and Technology

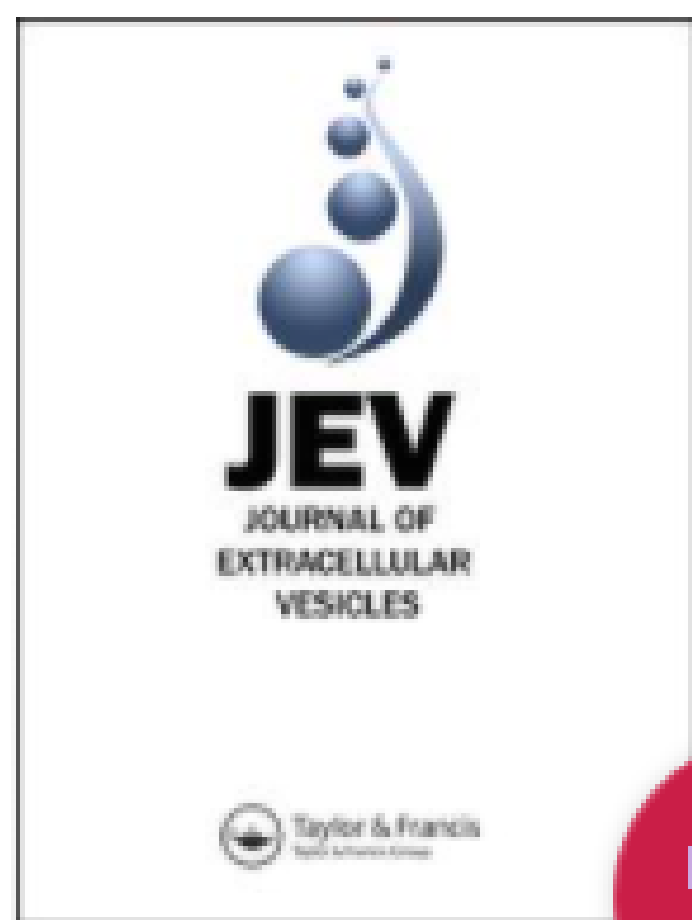
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2019 JCR Ranking: 38/61  
Thermodynamics Category



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Journal of Extracellular Vesicles

**IF 14.976**

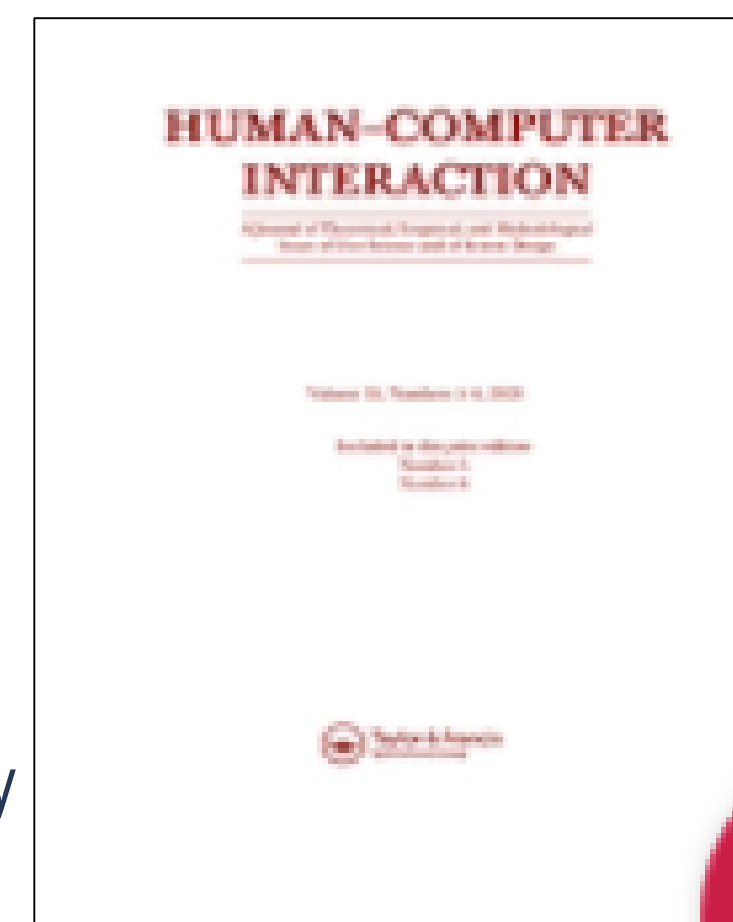
2019 JCR Ranking: 12/195  
Cell Biology Category



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Chemistry, Applied Category



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**IF 4.222**

2019 JCR Ranking: 13/108  
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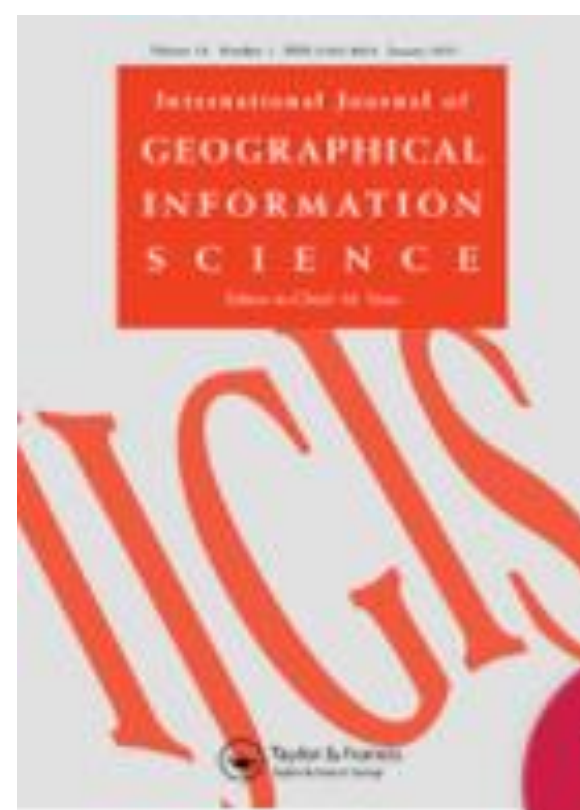
Journals on Science and Technology



Critical Reviews in  
Analytical Chemistry

**IF 4.568**

2019 JCR Ranking: 13/86  
Chemistry, Analytical Category



International Journal of  
Geographical Information  
Science

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2019 JCR Ranking: 36/156  
Computer Science, Information  
Systems Category



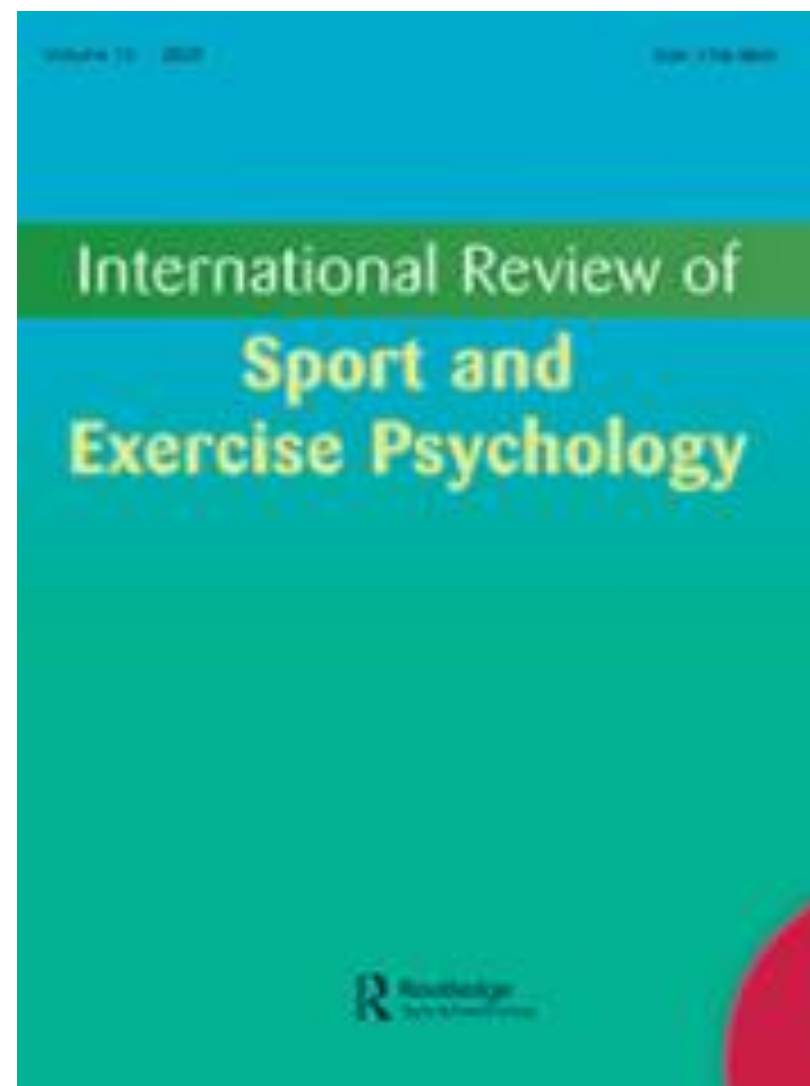
Nucleus

**IF 2.792**

2019 JCR Ranking: 132/195 Cell  
Biology Category

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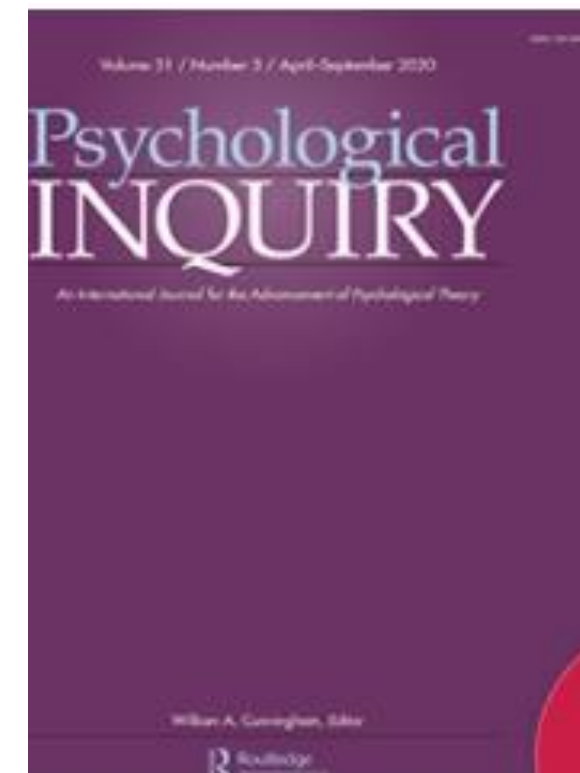
Peer reviewed and high impact journals



International Review  
of Sport and  
Exercise Psychology

**IF 14.333**

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Psychology, Applied  
Category



Psychological Inquiry

**IF 9.917**

2019 JCR Ranking: 4/138  
Psychology, Multidisciplinary  
Category



Journal of  
Advertising

**IF 6.302**

2019 JCR Ranking: 1/92  
Communication Category



American Journal of  
Bioethics

**IF 7.647**

2019 JCR Ranking: 1/45  
Social Sciences, Biomedical  
Category



Health Psychology Review

**IF 5.136**


2019 JCR Ranking: 7/131  
Geography Category



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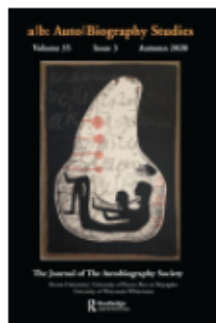
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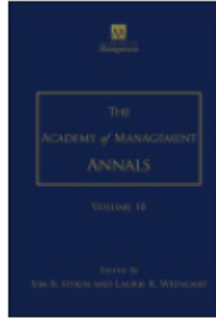
a/b: Auto/Biography Studies

>




The AAG Review of Books

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>



a/b: Auto/Biography Studies

Journal of The Autobiography Society

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Introduction

Life Writing and the Poetics of List-Making: On the Manifestations, Effects, and Possible Uses of Lists in Life Writing

Anne Ruggemeier

Published online: 12 Nov 2020

Lists in Thomas De Quincey's Life Narratives: Evidence and Arbitrary Selection

By Nikolina Hatton

Published online: 5 Nov 2020

Life Writing as Photo-Posting: Listing, Branding, and the Stylization of Life on Instagram

By Julia Caroline Böckling

Published online: 5 Nov 2020

Listing the Unthinkable

Clare Best

Published online: 5 Nov 2020

< Volume 35, 2020

Vol 34, 2019

Vol 33, 2018

Vol 32, 2017

Vol 31, 2016

>

See all volumes and issues

13

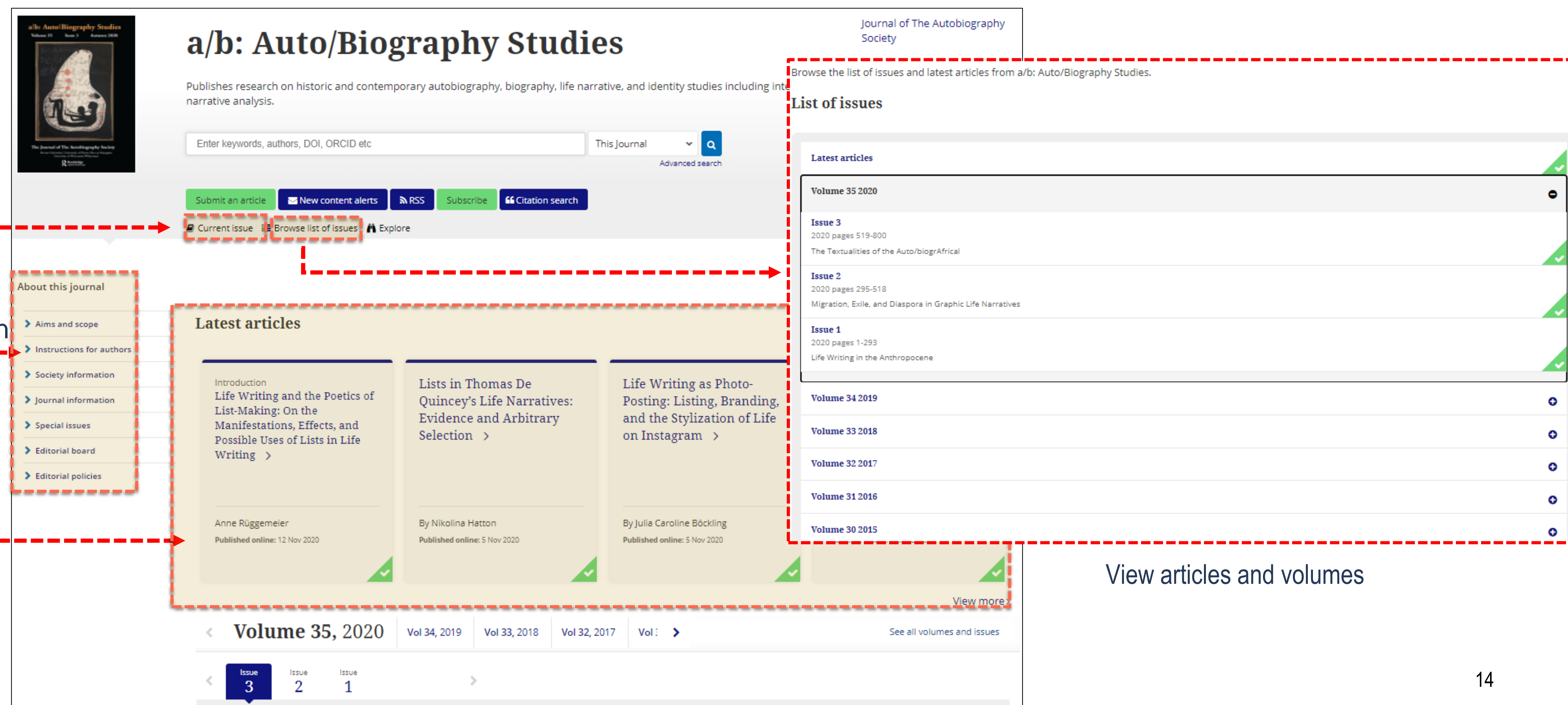
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## Issue information

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Article information



The screenshot shows the journal's homepage with several key sections and annotations:

- Journal Header:** "a/b: Auto/Biography Studies" with a description: "Publishes research on historic and contemporary autobiography, biography, life narrative, and identity studies including interdisciplinary narrative analysis."
- Search Bar:** "Enter keywords, authors, DOI, ORCID etc" with a dropdown menu set to "This Journal" and an "Advanced search" button.
- Navigation Buttons:** "Submit an article", "New content alerts", "RSS", "Subscribe", and "Citation search".
- Current Issue Section:** "Current issue" and "Browse list of issues" are highlighted with a red dashed box. A red arrow points from the "Choose issue" label to this section.
- Latest Articles Section:** A red dashed box highlights the "Latest articles" section, which includes three article cards with titles like "Introduction Life Writing and the Poetics of List-Making..." and "Lists in Thomas De Quincey's Life Narratives...". A red arrow points from the "Article information" label to this section.
- Volume and Issue List:** A red dashed box highlights the "List of issues" section on the right, showing a list of volumes from 2020 down to 2015. A red arrow points from the "View articles and volumes" label to this section.
- Left Sidebar:** "About this journal" with links to "Aims and scope", "Instructions for authors", "Society information", "Journal information", "Special issues", "Editorial board", and "Editorial policies".

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Краткая информация о статье

Article metric

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**a/b: Auto/Biography Studies**  
Volume 29, 2014 - Issue 1: "Framing Lives"

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This Journal

Advanced search

18,578  
Views

14  
CrossRef citations  
to date

3  
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Essays

**Looking on the Dark and Bright Side: Creative Metaphors of Depression in Two Graphic Memoirs**

Elisabeth El Refaie

Pages 149-174 | Published online: 13 Dec 2014

[Download citation](#) <https://doi.org/10.1080/08989575.2014.921989> [Check for updates](#)

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In this article

[Introduction](#)

[Depression, Metaphor, and Creativity](#)

[Creative \(Verbo-\)Visual Metaphors in Psychiatric Tales and Depresso](#)

[Conclusion](#)

[Footnotes](#)

[References](#)

**Abstract**

When people speak or write about their experience of depression, a small number of metaphors often dominate their accounts. This article uses two graphic memoirs to show how comics artists may creatively transform such entrenched metaphors by drawing on the sociocultural conventions and formal properties of the medium.

[Previous article](#) [View issue table of contents](#) [Next article](#)

**Introduction**

In 2010, two British graphic memoirs about the experience of suffering and recovering from clinical depression were published to considerable popular and critical acclaim. The stories in Darryl Cunningham's *Psychiatric Tales* are based on the diaries he kept during his work as a health-care assistant on an acute psychiatric ward, while also detailing his own struggle with severe anxiety and depression. Drawn in a style

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Heidi Levitt et al.  
Counselling Psychology Quarterly  
Published online: 1 Jul 2010

War metaphors in public discourse >

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# TAYLOR & FRANCIS ONLINE

## Full article information

Journal title

Article Metrics

Tools

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References

International Review of Sport and Exercise Psychology >  
Volume 12, 2019 - Issue 1

19,844 Views  
13 CrossRef citations to date  
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In this article

ABSTRACT

Introduction

Choking definition

Choking theories and interventions

The present review

Method

Results

Discussion

Disclosure statement

Footnotes

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Choking interventions in sports: A systematic review

19,844 Views  
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ABSTRACT

Choking under pressure describes suboptimal sport performance in stressful situations, which has led to two fundamental 'choking' models: distraction and self-focus. The purpose of this review was to provide an overview of empirical studies that have tested interventions used to alleviate choking. The systematic review includes 47 empirical studies published up to April 2017, including experimental, quasi-experimental, and single-case studies with athletes. These studies encompassed a variety of interventions ( $n = 13$ ) that were either distraction based or self-focus based. In addition, a third group – acclimatisation interventions – was identified. The results indicate that, in general, choking interventions based on both choking models and on acclimatisation provide a benefit to performance under pressure. The most reported effective interventions were pre-performance routines, quiet eye training, left-hand contractions, and acclimatisation training. The use of dual task was beneficial for performance under pressure but harmful when used in training. Mixed evidence was found for analogy learning, and null effects were reported for goal setting, neurofeedback training, and reappraisal cues. These results may help athletes and coaches select and implement effective strategies and methods to improve performance under pressure.

Q KEYWORDS: Choking under pressure skilled performance self-focus distraction intervention

Introduction

Search through the journal

Short article information

Further reading

Keywords



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In this article

ABSTRACT

Introduction

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KEYWORDS: Choking under pressure, skilled performance, self-focus, distraction, intervention

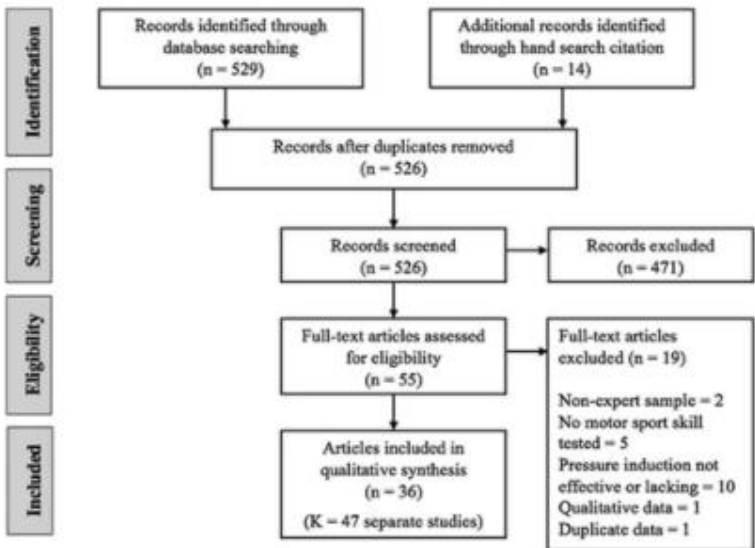
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Introduction

Tim Borowski, a German national soccer player, is ready to take a penalty kick. If he fails to score, he would have to serve tonight's dinner to his teammates. Just before he shoots, however, something strange happens: Tim turns to his coach and teammates and shouts where he will kick the ball. To be sure, he also tells the goalkeeper. Another teammate is behind the goal jumping and waving his hands to distract Tim's attention. As Tim strikes the ball, the goalkeeper moves immediately to the corner where Tim shouted and where the ball is kicked, but Tim still scores. This is an example of another training day for the German soccer team. By practising these types of situations, the sport psychologist working with the team aims to

Figures & data

Figure 1. PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analysis) chart of search strategy.



Display full size

Table 1. Summary of included studies.

CSV Display Table

Article Metrics

Views

19844

Citations

Crossref

13

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6

Scopus

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Altmetric

11

Twitter (16)

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INTERNATIONAL REVIEW OF SPORT AND EXERCISE PSYCHOLOGY

2019, VOL. 12, NO. 1, 176–201

https://doi.org/10.1080/1750984X.2017.1408134

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Choking interventions in sports: A systematic review

Peter Gröpel<sup>a,b</sup> and Christopher Mesagno<sup>c</sup>

<sup>a</sup>Department of Sport and Health Sciences, Technical University of Munich, Munich, Germany; <sup>b</sup>Department of Applied Psychology: Work, Education, Economy, University of Vienna, Vienna, Austria; <sup>c</sup>Faculty of Health, Federation University Australia, Ballarat, Victoria, Australia

ABSTRACT

Choking under pressure describes suboptimal sport performance in stressful situations, which has led to two fundamental 'choking' models: distraction and self-focus. The purpose of this review was to provide an overview of empirical studies that have tested interventions used to alleviate choking. The systematic review includes 47 empirical studies published up to April 2017, including experimental, quasi-experimental, and single-case studies with athletes. These studies encompassed a variety of interventions (n = 13) that were either distraction based or self-focus based. In addition, a third group – acclimatisation interventions – was identified. The results indicate that, in general, choking interventions based on both choking models and on acclimatisation provide a benefit to performance under pressure. The most reported effective interventions were pre-performance routines, quiet eye training, left-hand contractions, and acclimatisation training. The use of dual task was beneficial for performance under pressure but harmful when used in training. Mixed evidence was found for analogy learning, and null effects were reported for goal setting, neurofeedback training, and reappraisal cues. These results may help athletes and coaches select and implement effective strategies and methods to improve performance under pressure.

ARTICLE HISTORY

Received 21 November 2016  
Accepted 14 November 2017

KEYWORDS

Choking under pressure; skilled performance; self-focus; distraction; intervention

Introduction

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CONTACT

Peter Gröpel [peter.groepel@univie.ac.at](mailto:peter.groepel@univie.ac.at)  
The research began at the Technical University of Munich and concluded at the University of Vienna.  
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